



**CITY OF SOUTHAMPTON
SWIMMING CLUB**



Proudly present their

CHRISTMAS OPEN MEET

Under ASA Laws and Regulations
Licence No. 3SE171158

SUNDAY 10 DECEMBER 2017
at the QUAYS SWIMMING & DIVING
COMPLEX, SOUTHAMPTON
25m, 8 Lane Pool

Age Groups

9/10, 11/12, 13/14, 15+

**50m all strokes, 100m all strokes 200m Free
& 100m Individual Medley**
(Ages on Day of Meet)

➤ Top Visiting Club Award

➤ Award to Top 3 in Individual Events

CLOSING DATE 10 NOVEMBER 2017
'FIRST COME, FIRST SERVED'



E-mail: csscteam@outlook.com
Web site: www.cosscc.org



CITY OF SOUTHAMPTON SWIMMING CLUB
8th CHRISTMAS OPEN MEET
3SE171158
at The Quays, Southampton
10 December 2017
PROMOTER'S CONDITIONS

1. All events will be conducted in accordance with ASA Laws and Regulations and FINA Technical Rules for Swimming.
2. Competitors must be members of an ASA affiliated club as defined by ASA Law and may enter in the name of one club only. ASA registration numbers **MUST** be included on all entries.
3. Acceptance into any event will be on a '**FIRST COME, FIRST SERVED**' basis. Any swimmer not accepted due to a restriction on numbers being imposed by the Promoter will have the entry fee refunded in full.
4. Any swimmer who at the time of entry for the Meet has achieved a time faster than the published limit time may not enter that event. Should it transpire at any stage that a swimmer has submitted an ineligible entry then the entry will be rejected and the fee forfeited.
5. All entries, associated paperwork and cheques must be received by the specified closing date of **FRIDAY 10 NOVEMBER 2017**. Late or ineligible entries will not be accepted. There will be no refunds for withdrawals after the closing date.
6. Ages will be as at 10 December 2017.
7. The entry fee will be £6.50 per event. All entries **must** be made electronically. Club entries should be submitted using the Hy-Tek electronic entry system – download available via www.hy-tek ltd.com/downloads.html

Full details of how to enter are available via the Club website at www.cossc.org

Please note that entries will not be accepted without the purchase of a Coach Pass as we cannot be responsible for unaccompanied swimmers.

All Clubs must complete the Entries Summary Form and return this together with a printed summary of those swimmers entered and either a) a cheque for the total fee to **THE MEET PROMOTER, CITY OF SOUTHAMPTON SC, C/O THE QUAYS SWIMMING & DIVING COMPLEX, 27 HARBOUR PARADE, SOUTHAMPTON, SO15 1BA. ONE CHEQUE PER CLUB** please, made payable to **CSSC**, or b) an associated electronic payment.

For electronic payments, an online payment must be made to the sort code and account number as identified on the Entries Summary Form, and the associated payment reference stated against **PAYMENT REF.**

8. A withdrawal system will be in operation. Club representatives are expected to submit withdrawal forms for swimmers who are not intending to swim, no later than 50 minutes before the advertised starting time of the first event in the session. Competitors who fail to withdraw and do not present themselves at the start will incur a penalty of £10 and may be suspended from all further events at the Meet. There shall be no refund of entry fees to swimmers who withdraw from events.
9. Prior to the Meet a list of entries will be made available. **It will be the responsibility of the club representative to carefully check all entries for correct name spellings, ages and entry times.** Any errors must be reported to the Meet Promoter by the date specified when this information is made available.
10. **Technical Officials:** The ASA and their Open Meet Licensing Boards do not look favourably on any Open Meet that cannot provide the appropriate number of licensed and qualified officials to ensure the competition meets the licence requirements. The ultimate sanction could be that the meet would be downgraded to a lower licence level and the times recorded by swimmers would not be allowed into 'rankings' as at that date/level.

For this reason, we request that each club seeks to provide as many Licensed Officials or Judge Level 1 candidates (qualified as Timekeepers), as possible, to cover ALL sessions fully. Clearly, if "visiting clubs" cannot assist with the provision of licensed officials or appropriately qualified Judge Level 1 candidates, then the club cannot guarantee the licence level required by the ASA SER Licensing Board. 'Appointed visiting officials' will receive a free car park pass, lunch and will be able to claim reasonable travel expenses.

11. If the Meet is undersubscribed City of Southampton SC reserves the right to run time trials.
12. All Meet participants and spectators must observe all safety precautions in operation at The Quays and follow instructions of Pool Staff and City of Southampton Meet Management Team. Prior to leaving poolside swimmers must dry off and put on appropriate clothing and footwear. No swimmers will be allowed into the spectator area or the main Quays entrance foyer area unless they have complied with this requirement. For safety reasons spectators must ensure that all gangways, and the rear of the spectator area is kept clear. Stewards will be patrolling these areas during the Meet. Participating clubs are responsible for ensuring that their members are made aware of these Health and Safety requirements and those laid down in ASA Laws.
13. Failure to comply with any condition may result in disqualification and forfeiture of any fee paid.
14. Lanes will be allocated for the purpose of warm-up and announcements will be made. Diving will only be allowed in specified lanes.
15. Swimmers are responsible for reporting to the Competitor Stewards on time. For the first two events in each session swimmers should report to the Competitor Stewards directly after the warm-up. Swimmers in all other events should report to the Competitor Stewards at least one event before their own event.
16. The One-Start Rule will apply. All events will be run on a Heat Declared Winner (HDW) basis. The last heat in each event may be spearheaded.
17. All events will start at the deep end of the pool. Over the top starts will be used at the discretion of the Meet Management and the Lead Referee. When the race is finished swimmers must leave the pool as soon as possible without obstructing any other swimmer who has not yet finished the race. Otherwise the swimmer committing the fault will be disqualified.
18. Electronic timing will be used. Competitors must leave the pool at the sides, and not climb over the electronic timing boards.
19. Heat results will not be announced but will be displayed in an appropriate location as soon as they are available. Result sheets may be available for purchase.
20. Awards will be made to those swimmers placed 1st to 3rd in each event without disqualification. All medals will be available for collection from the medal table. A permanent trophy will be presented to the top visiting club; this trophy will be presented as soon as possible after completion of the final event.
21. Competitors are advised not to leave their belongings unattended and to ensure that all valuables are placed in a locked locker. Neither City of Southampton Swimming Club nor the Management of The Quays can accept responsibility for any property that may be lost or stolen.
22. **Photography/Mobile Telephones.**
It is requested that all mobile telephones are switched off or switched to silent during the competition and that there is no flash photography at the start of each event.
23. **Data Protection.**
With the submission of entry details, consent is deemed to have been given, as required of the Data Protection Act, to the holding, and distribution as necessary, of personal information on computer to enable the running of the Meet.
24. Coach passes will be issued at a cost of £10. Passes will provide admission to all sessions, a Programme and Results Sheets (if requested). Passes must be displayed at all times. Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.
25. Spectator entrance will be charged at £5.00 irrespective of the number of sessions attended. Programmes will be on sale at £2.00.
26. For any matters not covered by these Conditions the Meet Management will make any decisions it deems necessary to provide for the satisfactory running of the competition. By submitting an entry participants have deemed to agree to such decisions.

CITY OF SOUTHAMPTON

8th CHRISTMAS OPEN MEET (3SE171158)

SCHEDULE OF EVENTS

SESSION 1: WARM-UP 8.00am START 8.50am

Session 1- 3.5 hours of swimming (inc. break 8.50am – 12.35pm)

Event 1	HDW	Boys	200m	Freestyle
Event 2	HDW	Girls	50m	Breaststroke
Event 3	HDW	Boys	100m	Butterfly
Event 4	HDW	Girls	100m	Freestyle
Event 5	HDW	Boys	50m	Freestyle

Comfort break – 15 mins

Event 6	HDW	Girls	50m	Butterfly
Event 7	HDW	Boys	100m	Breaststroke
Event 8	HDW	Girls	100m	Backstroke
Event 9	HDW	Boys	50m	Backstroke
Event 10	HDW	Girls	100m	IM

SESSION 2: WARM-UP: 1.15pm START 2.05pm

Session 2- 3.5 hours of swimming (inc. break 2.05pm – 5.50pm)

Event 11	HDW	Girls	200m	Freestyle
Event 12	HDW	Boys	50m	Breaststroke
Event 13	HDW	Girls	100m	Butterfly
Event 14	HDW	Boys	100m	Freestyle
Event 15	HDW	Girls	50m	Freestyle

Comfort break – 15 mins

Event 16	HDW	Boys	50m	Butterfly
Event 17	HDW	Girls	100m	Breaststroke
Event 18	HDW	Boys	100m	Backstroke
Event 19	HDW	Girls	50m	Backstroke
Event 20	HDW	Boys	100m	IM

**8TH CITY OF SOUTHAMPTON CHRISTMAS OPEN MEET (3SE171158)
SUNDAY 10 DECEMBER 2017**

MEET UPPER LIMIT TIMES (SWIMMERS WITH FASTER TIMES SHOULD NOT ENTER)

BOYS	AGE 9/10	AGE 11/12	AGE 13/14	AGE 15+
EVENT	ULT	ULT	ULT	ULT
50m Free	32.2	29.5	27.2	24.8
100m Free	01:19.0	01:09.9	56.8	53.9
200m Free	02:30.9	02:14.3	02:03.5	01:57.2
50m Breaststroke	40.2	38.1	34.5	32.5
100m Breaststroke	01:43.2	01:20.8	01:13.5	01:08.9
50m Butterfly	38.2	32.5	28.5	26.5
100m Butterfly	01:31.7	01:09.9	01:02.8	58.9
50m Backstroke	37.2	33.2	29.2	27.5
100m Backstroke	01:30.5	01:11.3	01:05.0	01:01.6
100m IM	01:31.0	01:12.3	01:06.5	01:02.5

GIRLS	AGE 9/10	AGE 11/12	AGE 13/14	AGE 15+
EVENT	ULT	ULT	ULT	ULT
50m Free	32.2	30.5	29.1	28.47
100m Free	01:20.8	01:03.6	01:00.9	01:00.9
200m Free	02:30.9	02:16.7	02:10.8	02:10.8
50m Breaststroke	40.5	36.2	34.5	34.2
100m Breaststroke	01:26.0	01:21.7	01:17.8	01:17.2
50m Butterfly	38.1	33.2	31.5	31.2
100m Butterfly	01:31.9	01:11.2	01:07.1	01:06.3
50m Backstroke	37.1	34.1	32.5	32.1
100m Backstroke	01:31.0	01:12.3	01:08.8	01:07.9
100m IM	01:32.5	01:13.6	01:10.1	01:09.1