

## CITY of SOUTHAMPTON SWIMMING CLUB

Welfare/Health & Safety Officer – Sue Burnel e-mail: <a href="mailto:sue.burnel@virgin.net">sue.burnel@virgin.net</a> Tel no: 023 80284127 / 0791 3743741

11th July 2012

Dear Parents and Swimmers,

Following an incident a few weeks ago, we would like to make clear the following:

As an ASA registered swimming club, not only do we have a duty of care towards all our swimmers, but we also have a zero tolerance stance towards drug taking to enhance performance. It is illegal to do so. Any swimmer found guilty of the above, will face severe disciplinary measures. They will not only let themselves and their family down, but they will let the club down.

Social networking sites are now part of everyday life for many people. Please remember that whatever information you share on these sites, will then be available to anybody at anytime. This can have a negative impact with far-reaching consequences.

To ensure everybody is well-informed on such matters, the following sites provide guidance and information:

ASA guidelines for using social networking sites:

http://www.swimming.org/asa/library/document/good-practice-guidelines-on-the-use-of-social-networking-sites-wavepower-09

These links provide information on

- (a) drug taking in sport at all levels: <a href="http://www.ukad.org.uk/athletes/">http://www.ukad.org.uk/athletes/</a>
- (b) the website for the World Anti-Doping Programme and this includes a list of all banned substances when competing in any sport: <a href="http://www.wada-ama.org/en/World-Anti-Doping-Program/">http://www.wada-ama.org/en/World-Anti-Doping-Program/</a>













Should you have any concerns or questions, please do not hesitate to contact: Head Coach Dave Terry, Chairman Dave Phillips or Welfare Officer Sue Burnel.

Thank you for taking the time to read this statement.

Dave Phillips Chairman CSSC Dave Terry Head Coach CSSC











